SALADS

All Salads, Sandwiches and Paninis are served with your choice of Whole Fruit, Potato Chips or Potato Salad

CHICKEN & ANCIENT GRAIN SALAD

Farro, Barley, Arugula, and Manchego Cheese

SOUTHWESTERN BEEF SALAD*

Grilled Corn, Black Beans, Guacamole, Tortilla Strips

LENTIL QUINOA BOWLS

Antibiotic Free Chicken, Quinoa, Brown Rice, Tomato, Sofrito, Kale, Spinach

CHICKEN TERIYAKI SALAD

Mixed Lettuce, Cabbage, Honey Teriyaki Dressing, Peanuts, Shaved Vegetables

SPINACH ROQUEFORT SALAD

Light Balsamic Dressing, Cranberries, Walnuts and Frisée



SAIDUICHES

All Salads, Sandwiches and Paninis are served with your choice of Whole Fruit, Potato Chips or Potato Salad

CHICKEN BLT

Grilled Chicken Breast, Smoked Bacon, Butter, Lettuce, Heirloom Tomatoes, Roasted Garlic Aioli

ROASTED TURKEY & CRANBERRY CIABATTA

Free Range Turkey, Vermont Cheddar, Fresh Walnut Bread

CURRY GRILLED CHICKEN WRAP

Mango Salsa, Shaved Romaine

VEGETARIAN AVOCADO

Tomato, Mizuna, House made Pickles, Sesame Hummus

HANDHELDS

All Salads, Sandwiches and Paninis are served with your choice of Whole Fruit, Potato Chips or Potato Salad

ASIAGO STEAK SANDWICH*

Grilled Steak, Asiago Cheese, Lettuce, Horseradish Aioli

CHICKEN PESTO

Grilled Chicken Breast, Basil Pesto, Tomato, Mozzarella, Balsamic Glaze

REUBEN PANINI

Smoked Corned Beef, Sauerkraut, Melted Swiss, Thousand Island Dressing, Rye Bread

TUNA SALAD PITA

Lemon, Celery, Mayonaise, Extra Virgin Olive Oil, Lettuce, Tomato, Red Onion

HERB MARINATED CHICKEN SALAD PITA

Roasted Garlic Mayonaise, Lettuce, Tomato, Red Onion

ROASTED SQUASH PITA

Spiced Hummus, Tumeric Cauliflower

SIGNATURE OFFERING

THE FRANCESINHA

Braised Pork Belly, Chorizo, Sliced Ham, Linguiça Sausage, Melted Cheddar Cheese, Tomato Beer Sauce

DAILY CARVING

DAILY CARVED SANDWICH

CREAM OF

TOMATO

DALY SOUPS

CHICKEN NOODLE

^{*} Consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of food-borne illness, especially if you have certain medical conditions.